

TRIMEX ADULT SYRUP 100ML

PATIENT INFORMATION LEAFLET

REVISED FORMULA



ADULT • PAEDIATRIC • DIABETIC
COUGH EXPECTORANT

Presentation

The Trimex range is available as 3 different formulations, each made to give fast effective relief from chesty coughs.
Trimex Adult is an orange coloured clear syrup with a fruity odour and a pleasant (sweet) taste.
Trimex Paediatric is a reddish orange coloured viscous syrup with a fruity smell and a sweet minty taste.
Trimex Diabetic is a pale orange coloured translucent syrup with a vanilla-strawberry odour and a pleasant (mentholic) taste.

Formula:

| Ingredients | Adult | Paediatric | Diabetic |
|--|--------|------------|----------|
| Chlorpheniramine Maleate BP | 2 mg | 1 mg | 2 mg |
| Pseudoephedrine Hydrochloride BP | 30 mg | 25 mg | 30 mg |
| Guaifenesin BP | 100 mg | 25 mg | 100 mg |
| Colour, flavour, excipients and syrup to | 5 ml | 5 ml | 5 ml |

Pharmacological Actions:

Trimex is a combination of 3 active ingredients whose pharmacological actions varies as per agent.

Guaifenesin increases the volume and reduces the viscosity of tenacious sputum and is used as an expectorant for productive cough.

Chlorpheniramine Maleate is a H₁ antagonist and possesses considerable anti-histaminic and anti-cholinergic activity. It blocks the action of histamine that results in increased capillary permeability and formation of oedema and wheezing which treats nasal allergies and reduces sneezing.

Pseudoephedrine Hydrochloride is both a direct and indirect acting sympathomimetic agent on α_1 adrenergic-receptors, which relieves nasal congestion.

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Indications:

Trimex cough expectorant is indicated for the effective relief from chesty coughs by assisting in the loosening and removal of stubborn bronchial mucus. Its additional ingredients also assist to clear nasal congestion associated with chesty coughs.
Trimex diabetic cough expectorant is suitable for Diabetics because it is Sugar Free.

Dosage and Administration: Number of 5ml spoonfuls to be taken three times a day

| | | Adult | Paediatric | Diabetic |
|---------------------|-------------|--------------------|-------------|-------------|
| Adults and Children | Over 12 yrs | One to Two | - | One to Two |
| Children | 6 -12 yrs | Half to one | One to Two | Half to one |
| | 2 - 6 yrs | - | Half to one | Half |
| | Below 2 yrs | ON DOCTOR'S ADVICE | | |

Contra-Indications:

Trimex Expectorant is contra-indicated in patients who have previously exhibited intolerance to it or any of its constituents or in patients who are taking or have taken mono-amine oxidase inhibitors within the preceding two weeks. It is also contra-indicated in patients with severe hypertension and coronary heart disease.

Precautions :

Trimex Expectorant may cause drowsiness and patients should not drive or operate machinery, if affected avoid alcohol. Trimex Expectorant should be used with caution in patients suffering from cardio-vascular disorders, hypertension, prostatic enlargement and bladder dysfunction. It should only be used in pregnancy if the potential benefits outweigh the potential unknown risks to the foetus.

Adverse Effects: :

Dryness of the mouth, throat and nose, abdominal pain with vomiting and diarrhoea, central nervous system (CNS) depressant activity, Gastro-intestinal disturbances, Hypersensitivity reaction, Blood disorders, Ventricular arrhythmias, Paradoxical CNS stimulation, sleep disturbances and skin rashes.

Storage:

Store below 30°C, in a dry and dark place. Keep out of reach of children.

Package Quantities

Trimex Expectorant Adult: 60ml, 100ml, 5L.
Trimex Expectorant Diabetic: 100ml.
Trimex Expectorant Paediatric: 60ml, 100ml, 5L.

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